



# THE e-COMMUNICATOR

OF THE PHI DELTA CHI FRATERNITY

JUNE 2025 [VOL 16; ISSUE 6]

The June 2025 *e-Communicator* of the Phi Delta Chi Fraternity is now available. This month's issue includes:

- Opportunity to publish,
- Student submission: Your Peripheral Brain by Kadi Wood (Delta Beta),
- Update your contact information on GreekTrack,
- Grand Council (July 30 through August 2 in St. Charles, Missouri; early bird registration deadline is June 15),
- Grand Council recommended attire,
- Grand Officer and Regional Correspondent elections (Regional Director and Project Director appointments),
- Delbert D. Konnor Award inaugural recipient announced,
- I am Phi Delta Chi: An Oral History (update)
- Seeking Phi Delta Chi memorabilia & auction donations,
- Continuing education at Grand Council (call for speakers and feedback),
- Grand Council childcare provider (call for applications),
- NAPLEX prep: clinical pearl topic reviews (Tuesdays in June from 6-8pm CT),
- Integration of Remote Students Committee (call for feedback),
- Discord,
- Hawkins Travel Award (\$500 award for Phi Lambda Sigma members),
- AAP and ChEQ,
- AAAE Campaign (with updated standings),
- Alumni Professional Development Scholarship,
- Glimmers,
- Events across the country,
- History Corner,
- Sponsorship opportunities,
- Social media,
- and more.

Previous editions of the *e-Communicator* can be found [here](#) as a link/PDF. We want **YOU** to be a part of the *e-Communicator*! While reading this month's edition, be on the lookout for opportunities to contribute to future editions with your photos, stories, insights, and more.



## OPPORTUNITY TO PUBLISH! Inviting all Brothers to publish content for the *e-Communicator* and *The Communicator*.

Are you interested in writing an article or providing other content for the *e-Communicator* or *The Communicator*? Topics can include:

- Fraternity matters (e.g. recruitment, engagement)
- Pharmacy content (e.g. clinical pearls, study tips)
- Professional topics (e.g. interview prep and leader development)
- and more!

If you're interested in publishing and providing valuable insight to our Brotherhood, please reach out to Grand Vice President for Communications Ethan Rawl ([gvpc@phideltachi.org](mailto:gvpc@phideltachi.org)), Project Director for the *The Communicator* Josh Murdock ([pdtc@phideltachi.org](mailto:pdtc@phideltachi.org)), or Project Director for the *e-Communicator* Sophie Jacome-Singletary ([pdec@phideltachi.org](mailto:pdec@phideltachi.org)). If you have any questions, please contact Ethan, Sophie, or Josh.

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## **Your Peripheral Brain**

*By Kadi Wood (Delta Beta)*

Summer brings us many things: warm weather, kids out of school, and, for many pharmacy students, IPPE's and APPE's. With all the learning in the preceding semesters, it can feel overwhelming to keep track of everything and apply it in a clinical setting. Below are some tips and tricks for developing an effective peripheral brain that can support your learning through rotations and beyond.

### **What is your peripheral brain?**

Your peripheral brain is your collection of quick references to information for a variety of pharmacy settings.

### **Paper or digital?**

- **Paper** avoids issues with connectivity, charging, or lag. It's easy to add quick little notes and can be taken anywhere. Printed guidelines can be easily switched out when changes occur, whereas it may be more difficult to make changes if your guidelines are handwritten. It's recommended to find a book or binder that can fit in your coat pocket for easy transport.
- **Digital** references are easy to search and update and can be shared across different devices. If going digital, ensure your device is fully charged and able to connect to the services you need.
- Regardless of the primary format of your peripheral brain, you'll likely have to use some of both paper and digital. Use a dedicated notebook or binder for any paper notes you need. Have digital guidelines and treatment algorithms bookmarked and easy to access. You can create a supplemental peripheral brain for assignments and projects that goes more in depth.

### **Organization**

- Start with a table of contents. This will save you time by not having to dig through your notes.
- Choose what works best for you. Some examples of styles of organization are:
  - By disease state, followed by related subtopics
  - Guidelines first, followed by quick reference sheets
  - By rotation, with quick reference sheets that carry over
- Organize your resources in a manner that allows you to quickly find information when asked

### **What to include**

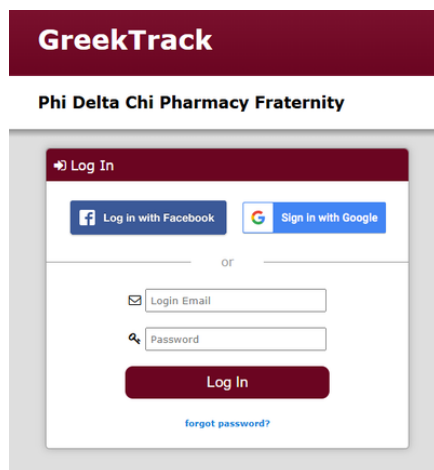
- Institution-specific policies and guidelines
- Antibigrams and antibiotic spectrum-of-activity table
- Common equations (CrCl, ABW, IBW, AdjBW, corrected calcium, etc.)
- Lab values and reference ranges
- Illness scripts
- Common drugs requiring renal/hepatic dose adjustment, CYP450 interactions, QTc prolongation, notable side effects, etc.

### **General tips**

- **Start early and update often.**
  - Make sure you have the most up-to-date guidelines in your peripheral brain.
  - Take notes throughout the day and make updates accordingly.
- **If you have to look it up, write it down.**
  - Document everything you research. This will save you time when you encounter the same topic.
  - If a question has been answered, make a note so you don't have to ask the same question again.

With that, best of luck to everyone starting rotations, those precepting, and a happy and safe summer to all! Thank you to the professors and graduates of University of North Texas Health Science Center for providing their guidance.

## UPDATE YOUR CONTACT INFORMATION ON GREEKTRACK



To remain connected with the Fraternity, please remember to update your contact information on [GreekTrack](#). This is especially important for those Brothers who just graduated and will be transitioning to alumni status. **It is encouraged to add a non-school email address to your GreekTrack account since many school email addresses will be deactivated shortly after graduation.** If you have any questions or need assistance logging onto GreekTrack, please email National Office Administrator Becky Griffith ([office@phideltachi.org](mailto:office@phideltachi.org)).

## REGISTER NOW FOR GRAND COUNCIL 2025!

*Early-bird registration deadline is June 15.*



Grand Council is the Ultimate Fraternal Experience and brings together Brothers from across the country to conduct the business of the Fraternity.

**The 76<sup>th</sup> Grand Council** will take place July 30 - August 2, 2025 in St. Charles, Missouri!

**Looking for a Grand Council roommate or ride to/from the airport? Check out this [sheet](#)! Want to connect with Grand Council attendees? Check out the Grand Council text channel on [our Discord server](#)!**

**What happens at Grand Council?** During Grand Council, our Chapter's Collegiate and Alumni delegates as well as Alumni Chapters will vote on business. Brothers will be able to participate in Regional Caucuses, officer training courses, professional development opportunities, the Leader-Development Day, continuing education, and more.

## Registration Fees:

**Early Bird registration ends June 15. Prices will increase on June 16.**

- **Collegiate/Candidate Registration**  
\$350.00 (\$395 after June 15) · Includes Wednesday ice cream social, Thursday through Saturday lunch, and the banquet on Saturday.
- **Alumni Registration**  
\$450.00 (\$495 after June 15) · Includes Wednesday ice cream social, Thursday through Saturday lunch, the alumni reception on Friday, the banquet on Saturday, and all Continuing Education sessions.
- **Alumni WEEKEND Registration**  
\$325.00 · Includes Friday lunch and alumni reception, Saturday lunch and banquet, and all Friday/Saturday Continuing Education sessions.
- **Banquet Only**  
\$100.00 · Join us at the awards banquet on Saturday night!

## Optional Add-ons:

- **Mascot Registration**  
\$25.00 · Your chapter's mascot will receive their own name tag and lanyard! All proceeds go to our Ritual and Regalia Fund.
- **Guest Full Registration**  
\$350.00 · Includes all meals including the awards banquet. Does not include any programming.
- **Guest WEEKEND Registration**  
\$225.00 · Includes Friday lunch, alumni reception, Saturday lunch, and banquet. Does not include any programming.
- **Guest Banquet Only Ticket**  
\$100.00 · Purchase additional banquet tickets for your guests.
- **Guest Alumni Reception Ticket**  
\$60.00 · Purchase additional alumni reception tickets for your guests.
- **Child (3-12 years old) Full Registration**  
\$125.00 · Includes all meals including the awards banquet.
- **Child (under 3 years old) Full Registration**  
\$0.00 · Includes all meals including the awards banquet.
- **Leader-Development Day (LDD): Leading in Three Dimensions**  
\$199.00 · Wednesday, July 30 from Noon - 5:00PM at [Ryze Adventure Tower](#). Space is limited to 24 participants. Must purchase this ticket to attend.

Discover a whole new way to develop your leadership skills through an interactive, hands-on adventure at the multi-level [Ryze Adventure Tower](#). This isn't your typical "ropes course"—it's an exciting, team-oriented experience where you'll engage in real-world problem-solving both on the ground and high up in the tower. Work closely with a small group to: Identify challenges and develop strategies to overcome them. Discuss leadership tactics, set goals, and guide your team to success. Practice followership, emphasizing collaboration and trust. This experience is designed to be inclusive, with challenges tailored to a variety of physical abilities—from easy to advanced. If you can climb stairs, you can participate in many activities or enjoy observing from the tower's walkways. Accommodations are available for participants with limited mobility—just let us know in advance. All participants must sign a liability waiver. Join us and experience the heights of teamwork and leadership!

- **Lunch & Learn**  
**Collect 'em All: Response-ability, Availability, & Accountability**  
\$0.00 · 3-part Lunch & Learn series to learn about the three essential abilities of effective teamwork. This engaging series spans three lunches—Thursday, Friday, and Saturday—and you can register for one session, two, or all three! Complete all three sessions to earn a Certificate of Completion and a Digital Badge to share on LinkedIn. NOTE: The content of these sessions may be duplicative of material covered during Wednesday's LDD program.

**THURSDAY – THE POWER OF "RESPONSE-ABILITY"** Don't waste time blaming others or complaining about things you cannot control. In this session, you'll dive into Fred Kofman's

**FRIDAY – THE POWER OF ACCOUNTABILITY** Teams don't work if members don't have the ability to count on one another. In this session, you'll learn how to foster accountability by honoring your word, even when you cannot keep it. You'll also learn how to restore integrity when someone's word is broken.

- Wednesday Bicycle Excursion

\$75.00 - \$110.00 · Learn more about this trip at <https://www.phideltachi.org/grand-council-excursions>

- \$7.56 General Admission, Food and beverage packages are also available. Learn more about this event at <https://www.phideltachi.org/grand-council-excursions>

\$186/night + tax

What is the recommended attire at Grand Council?

For all times and events not listed below, please feel free to dress casually as you would on any vacation. The important thing is to enjoy yourself and to portray a positive image of Phi Delta Chi, your chapter, and yourself.

- Opening Business Session - business casual
- Interim Business Session - business casual
- Memorial Service and Final Business Session - business casual
- Chapter Swap Meet - Phi Delta Chi attire/casual
- Officer Training Courses - Phi Delta Chi attire/casual
- Group Photo - business casual
- Alumni CE - Phi Delta Chi attire/casual
- Dinner and Banquet - semi formal

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## GRAND OFFICER AND REGIONAL CORRESPONDENT ELECTIONS AT GRAND COUNCIL

*Regional Director and Project Director appointments will happen shortly after Grand Council.*



**Grand Officer** candidates should apply [here](#) for their position no later than **June 15**. Each candidate will be interviewed by the Nominations Committee prior to Grand Council. Each candidate will participate in Open Candidate Review, which is a Q&A session on the Thursday of Grand Council. Elections will occur during the Interim Business Session on Friday during Grand Council. Grand Officer training will occur on Saturday afternoon. The current list of Grand Officer candidates can be found [here](#). *Grand Officers serve a 2-year term.*

**Each Region will elect its next Regional Correspondent (RC) at Grand Council 2025 (July 30 to August 2 in St. Charles, MO)!** The Regional Correspondent is a vital resource for chapter growth and promotion of Brotherhood, providing insight from the student perspective and assisting with the [Achievement Award Program](#). You must be a collegiate Brother (note: APPE students are collegiates) during the 2025-2026 academic year to be able to run for RC. **The application to run can be found [here](#); please complete the application by the end of the Opening Business Session on July 31.** If you have any questions, check out the description [here](#) and reach out to [your RC](#) or [Grand Vice President for Student Affairs Kali Cira](#). *Regional Correspondents serve a 1-year term.*

**The incoming Grand Officers will appoint [Regional Directors \(RDCA's and RDAA's\)](#) and [Project Directors](#) shortly after Grand Council.** If you're interested in serving, **please apply [here](#).** For questions, please contact the supervising [Grand Officer](#) or current officer holder. *Regional Directors and Project Directors serve a 2-year term.*

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## Caiden Lukan Named Inaugural Recipient of the 2025 Delbert D. Konnor Award of Excellence in Pharmaceutical Administration



The Pharmacy Leadership & Education Institute (PLEI) proudly announces that Caiden Lukan, PharmD, is the inaugural recipient of the [Delbert D. Konnor Award of Excellence in Pharmaceutical Administration](#). This biennial award recognizes and supports innovative research that advances the field of pharmaceutical administration.

Lukan, a 2024 graduate of Butler University (Alpha Phi Chapter), is currently pursuing a Master of Science degree in Pharmacoeconomics at the University of Pittsburgh while continuing his fellowship training. His research, which bridges pharmacy practice and health outcomes, exemplifies the purpose-driven leadership, selfless service, and lifelong learning that the Konnor Award was established to encourage.

“We are honored to recognize Dr. Lukan’s outstanding proposed research that has the potential to directly inform clinical decision-making and improve patient care,” said Dr. John Bentley, chair of the Konnor Award Review Committee. “His dedication to optimizing medication safety for vulnerable patient populations through data science and interdisciplinary collaboration embodies the spirit of this award.”

Lukan’s winning research project, titled **“Evaluating Possible Adverse Drug Events in Hospitalized Patients with Renal Insufficiency”**, seeks to improve the detection and prevention of adverse drug events (ADE’s) in patients with impaired renal function, a population at significantly higher risk for medication-related harm.

The full press release from PLEI can be found [here](#). The Delbert D. Konnor Award provides **up to \$5,000 over two years** to support research and dissemination efforts, including conference presentations and peer-reviewed publications.

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### I am Phi Delta Chi: An Oral History



For those who placed an order as part of our oral history project (I am Phi Delta Chi: An Oral History), the printer is behind schedule. The books are expected to ship this summer. Please contact PCI’s customer service helpdesk at 1-800-982-1590 with any questions.

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## Seeking Phi Delta Chi Memorabilia & Auction Donations



Help us make the next PLEI Auction at [Grand Council in St. Charles](#) a success! We are looking for Phi Delta Chi memorabilia in great condition, as well as unique auction items to support our mission.

Are you an artist who could create a PDC-themed piece? Do you have a professional skill, talent, or service you could donate (maybe hosting a weekend getaway or an hour of advice or professional consultation)? Your contributions will help support PLEI's initiatives and make a lasting impact.

All proceeds will support the [Leader Legacy Fund](#) to offset leader-training expenses for Brothers.

If you're interested in donating or learning more, please contact us at [office@plei.org](mailto:office@plei.org) by July 1, 2025. Thank you for your support!

## CALL FOR SPEAKERS - CE PRESENTERS FOR GRAND COUNCIL 2025

*The opportunity to present is open to both collegiate and alumni Brothers!*



Have you enjoyed the Continuing Education (CE) offered at previous Grand Councils? Do you have expertise that should be shared with our Brothers? **We are recruiting speakers to present at [Grand Council 2025 in St. Charles, MO](#)!** If you are interested in presenting, please fill out this [form](#).

**STUDENTS:** Let's show off your research! If you would like to present a 10-15 minute summary of research that you have done (or are in the process of), we want to hear from you, too! **Please fill out the [form](#) if you are interested.**

**For those who attended Grand Council 2024, your feedback on the CE offerings at Grand Council 2024 can be provided [here](#).** Please direct questions to Jennifer Polyniak, Continuing Education Coordinator ([ce@phideltachi.org](mailto:ce@phideltachi.org)).



## CALL FOR APPLICATIONS! Opportunity to serve as childcare provider at Grand Council 2025.

Our [76th Grand Council](#) is from July 30 to August 2, 2025 in St. Charles, MO! We need Brothers like **YOU** to help make Grand Council 2025 the ultimate fraternal experience. There's now 1 open role at this year's Grand Council, childcare provider, which includes a **free registration** if appointed. **The childcare provider will staff the Family Room in the convention center that will be open during the three business sessions.** If you're interested in serving in this role, please email Executive Director Kenny Walkup at [execdir@phideltachi.org](mailto:execdir@phideltachi.org).

## NAPLEX PREP: Clinical Pearl Topic Reviews

Looking for help preparing for your upcoming NAPLEX? Join Phi Delta Chi's clinical pearl topic reviews this June on Tuesdays from 6-8pm CT. For questions, please contact Grand Vice President for Alumni Affairs Dena Dillon ([gvpaa@phideltachi.org](mailto:gvpaa@phideltachi.org)).

**HIV (June 3 from 6-8pm CT) - register [here](#)**

**Dena Behm Dillon, PharmD, AAHIVP (Alpha Chapter)**

*Clinical Pharmacy Specialist, University of Iowa Health Care  
Consultant, Midwest AIDS Training and Education Center  
Partners PrEP Coordinator, Iowa TelePrEP*

- **Register [here](#).** This program is **hybrid** - it will be presented live on Zoom and in person at the University of Iowa in Iowa City, IA.

**CKD and IHD (June 10 from 6-8pm CT) - via [Zoom](#)**

**Heather A. Kehr, PharmD, BCPS (Iota Chapter)**

*Associate Professor of Pharmacy  
Wingate University School of Pharmacy*

- **The Zoom link can be found [here](#).** Meeting ID is 978 7665 9732. Passcode is 683274.

**Psychopharmacology (June 17 from 6-8pm CT) - via [Zoom](#)**

**Andreea Temelie, PharmD, BCPP (Theta Chapter)**

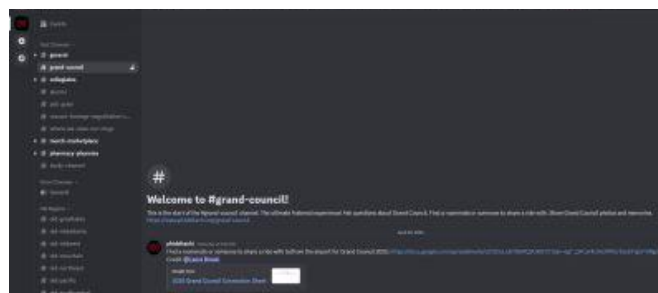
*Clinical Pharmacist - Psychiatry  
UPMC Western Psychiatric Hospital*

- **The Zoom link can be found [here](#).** Meeting ID is 976 7771 2103. Passcode is 987866.

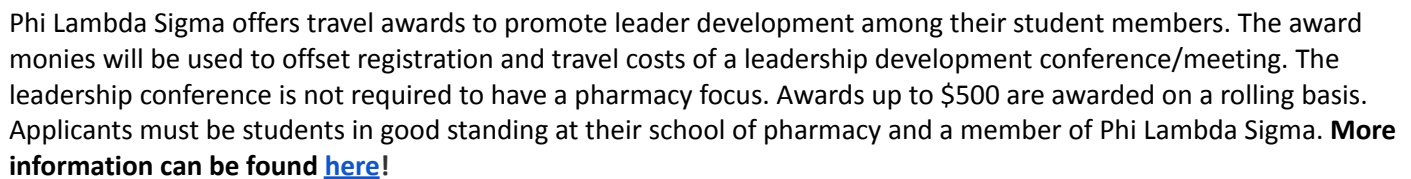
## Call for Feedback - Integration of Remote Students Committee

The Integration of Remote Students Committee is working to better understand the experiences and needs of Brothers who have participated in Phi Delta Chi as remote, virtual, and/or distance learners. The committee has created a survey ([PDC Survey for Remote Students](#)) to gather **YOUR** insight on these experiences. For questions, please contact Grand Vice President for Collegiate Affairs, Dimitri Savva ([gvpca@phideltachi.org](mailto:gvpca@phideltachi.org)).

## DISCORD



## KATHLENE A. HAWKINS MEMORIAL TRAVEL AWARD



## AAAE CAMPAIGN

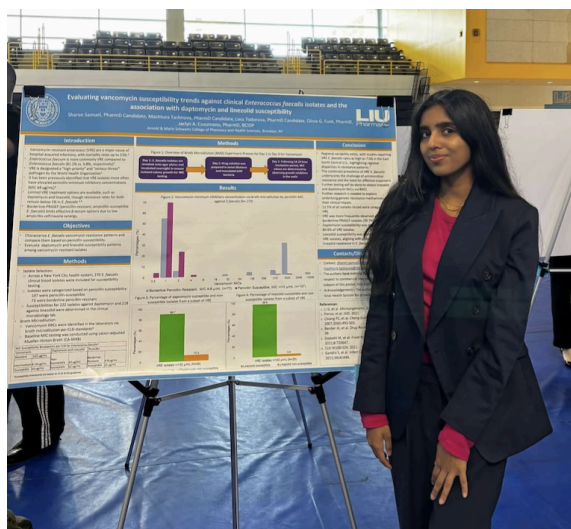
*The most up-to-date AAEE Campaign standings can be found [here](#).*

## ALUMNI PROFESSIONAL DEVELOPMENT SCHOLARSHIP

*Application deadline is June 10!*

Is there a conference you would like to attend but the price is a little too high? Are you considering board certification this year? Is there an upcoming class that you want to take? **Phi Delta Chi is offering a \$500 professional development scholarship to up to eight alumni. The application period is from April 1 through June 10. The link to apply can be found [here](#). More information can be found [here](#).** Please contact your region's [Regional Director for Alumni Affairs](#) or [Grand Vice President for Alumni Affairs, Dena Dillon](#), if you have any questions.

## GLIMMERS



The term “glimmers” can be thought of as small moments which spark joy or peace in an effort to calm our mind or promote a feeling of safety. One could call “glimmers” the opposite of triggers. Glimmers from Brothers all over the country are featured in this month’s *e-Cator*! **Pictured above is Beta Zeta collegiate Brother, Mashtura Tashnuva, presenting her research at the university’s Discovery Day!**

Phi Delta Chi would love to hear about glimmers from your everyday life, both large and small. **You can submit glimmers by either filling out [this form](#) and starting it with the word “Glimmer” or by contacting the Project Director for the *e-Communicator*, Sophie Jacome-Singletary ([pdec@phideltachi.org](mailto:pdec@phideltachi.org)) with the subject “Glimmers” to be included on the next *e-Communicator*.**

**More glimmers from this month can be found on our [Facebook page](#)! Want to look back at the past year? The 2024 glimmers can be found [here](#).**

## Is your chapter hosting an event for Brothers across the country?

If your chapter is hosting an event where Brothers across the country can attend (e.g. reunion, Founders’ Day, initiation, formal, St. Jude Walk/Run, workshop/continuing education, etc.) and would like to advertise it in the *e-Communicator*, please reach out to Grand Vice President for Communications, Ethan Rawl ([gvpc@phideltachi.org](mailto:gvpc@phideltachi.org)), or Project Director for the *e-Communicator*, Sophie Jacome-Singletary ([pdec@phideltachi.org](mailto:pdec@phideltachi.org)).

## HISTORY CORNER



Does your chapter have a cool mascot with a proud history? Do you have stories and photos from past conferences? Do you remember when your local chapter was chartered? If you have a story or photo you'd like to be featured in our history corner, please reach out to Grand Vice President for Communications Ethan Rawl ([gvpc@phideltachi.org](mailto:gvpc@phideltachi.org)) or Project Director for the *e-Communicator* Sophie Jacome-Singletary ([pdec@phideltachi.org](mailto:pdec@phideltachi.org)).

**Pictured above is Rand P. Hollenback of the Xi Chapter.** Brother Hollenback served as a Grand Officer in one capacity or another (e.g. Secretary, Treasurer, Editor) for 42 years. He attended no fewer than 25 consecutive [Grand Councils](#), never missing a single one as a Brother until his death one week prior to the 46th Grand Council (1965). Rand P. Hollenback Scholarships are awarded to the top five winners of the [Albert Benjamin Prescott Scholarship Award](#) to memorialize Hollenback's years of unselfish dedication and service to the Fraternity. [Hollenback](#) lived all of his life in the community of Clintonville, a suburban neighborhood in north-central Columbus, Ohio, where he established his newspaper, *The Booster*, in 1933, and the city's first neighborhood council in 1942. He was affectionately known as the Mayor of Clintonville for more than 30 years.



### ***Are you interested in sponsoring the *e-Communicator* or *The Communicator*?***

If your organization would like to sponsor and be featured in the *e-Communicator* or *The Communicator*, please email Grand Vice President for Communications Ethan Rawl ([gvpc@phideltachi.org](mailto:gvpc@phideltachi.org)), Project Director for the *The Communicator* Josh Murdock ([pdtc@phideltachi.org](mailto:pdtc@phideltachi.org)), or Project Director for the *e-Communicator* Sophie Jacome-Singletary ([pdec@phideltachi.org](mailto:pdec@phideltachi.org)).



### **FOLLOW US ON SOCIAL MEDIA!**

[Instagram](#), [Facebook](#), [TikTok](#), [LinkedIn](#), [X \(formerly Twitter\)](#), [Discord](#)