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SCHOLARSHIP REPORT

The Phi Delta Chi Fraternity

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October 2008

Introduction

Phi Delta Chi, a lifelong experience, promotes scholastic, professional, and social growth in its brothers. This part of Phi Delta Chi's Mission Statement is what drives the Psi chapter each year concerning their scholarly achievements. Scholastic success and academic achievements are what enable us as students to progress into great pharmacists. Learning, like Phi Delta Chi is a *lifelong experience* and the Psi chapter helps its brothers to understand early on that success in academics ensures growth in the profession.

Promoting Scholastic Improvement and Achievement

As stated in the bylaws, it is the Worthy Prelate's duties to conduct and supervise inspirational exercises for the brothers of Phi Delta Chi. In the Psi chapter, the Prelate does just that promoting scholastic improvement and achievement.

In the spirit of brotherhood, ***Study Tables*** provide an incentive for

brothers to gather together and learn from one another. At the beginning of the semester the Worthy Prelate designates a representative from each class (PP1-P3) to be the study table coordinator for that group of students. As exams approach, the class representative organizes study tables at the library, student center on campus, pharmacy building, local coffee shop, or even a brother's home. Study tables have proven to be very beneficial in that they allow brothers to ask questions and quiz each other; advantages that are difficult to gain in studying alone.

The beginning of each semester can be very daunting for students who are unfamiliar with their new professors. The Psi Chapter attempts to alleviate this added stress by developing and distributing ***Professor Tip Sheets*** to its brothers. These tip sheets are advantageous especially for younger brothers who are not sure how to study for certain classes and professors. Older brothers offer up advice on study strategies, reading habits, and a means to stay motivated throughout the semester. The tip sheets are compiled by the Worthy Prelate and distributed during chapter meeting and are always appreciated by the brothers. Here is an example of what the tip sheets consist of.

Professor	Comments
Dr. Mirafzel	<ul style="list-style-type: none"> • Get old tests and practice with those. The questions are similar to actual test • Don't read the book
Dr. Rovers	<ul style="list-style-type: none"> • Always look at the Guiding Questions • The "fishbowl" is easiest if you engage more, don't sit back
Dr. Gitua	<ul style="list-style-type: none"> • Go to his office hours and ask questions weekly if possible • Go to every SI lead by Gitua • Do review problems!
Dr. Wall	<ul style="list-style-type: none"> • Listen when he reviews what will be on the exam. • Take good notes that is ALL he puts on them
Dr. Clodfelter	<ul style="list-style-type: none"> • Read notes and forget the book
Dr. Wrenn	<ul style="list-style-type: none"> • Ask questions • Avoid going first for PDA discussion
Dr. Torry	<ul style="list-style-type: none"> • Know the slides in detail. The test questions usually come from things you may have looked over

For students, professors can be one of the most underused and overlooked resources. It is very likely that this stems from a simple lack of familiarity and comfort. The Psi Chapter wants its brothers to get to know their faculty, and interact with them on a more personal level, in order to become more comfortable in utilizing the best resources available to them. **Professor Breakfast** has proven to be a successful means of facilitating these interactions. Each

semester on "Dead Day" (the Friday before finals day when no classes are held) the Psi Chapter holds a simple breakfast of coffee, juice, donuts, bagels, pastries, and fruit, creating a casual and comfortable environment for students and faculty to enjoy each other's company and get to know each other outside of the classroom. Professor Breakfast has been a great success for many years, and instills in Psi Brothers of all ages, the knowledge that professors are the most accessible and useful resources availa-

ble, and that they are willing and eager to help.

Studying for an exam is a major source of anxiety in every student's academic career, but the Psi Chapter attempts to ease this anxiety for its brothers by maintaining a **Test File**. Upon completion of a class, the Worthy Prelate asks for brothers who wish to share their exams and then places them in the test file for use by other brothers. These exams more clearly define professors' teaching and testing styles as well as orient brothers to the more significant topics of a class. The Worthy Prelate works to keep the test file as current and as relevant as possible. With innovative and advancing technology, the Psi Chapter is keeping up with the addition of an **Electronic Test File**. The test file contains electronic versions of exams and answer keys for students to access on their computers from home.

Last year marked the second annual **Rotations Retreat**, a product of collaboration between the Worthy

Prelate and P4 brothers. Held in both the fall and spring semesters, the rotations retreat brings together brothers from the P3 and P4 class and provides an environment in which P3s can feel comfortable discussing their questions and concerns about rotations, and P4s can be straightforward and honest about their experiences. To facilitate conversation, the Worthy Prelate requested detailed descriptions of rotation sites from P4 brothers who had experienced them. The descriptions were then compiled into a handout for those attending the retreat. A potluck dinner was served throughout the discussion between brothers of all ages. It is never too early to be looking at your options for rotations. The following is an example of an entry in the Rotations Retreat handout, submitted by a P4 brother:

Throughout the pharmacy school curriculum and while on rotations, brothers often find themselves creating educa-

Mercy Family Medicine Clinic: Ambulatory Rotation, Des Moines, IA

I really enjoyed this rotation. At the beginning I was intimidated but the preceptor and residents and I worked with were wonderful. In the mornings I would review patient's charts in the hospital looking for drug therapy problems. I would then report back to the preceptor to go over my findings. She would also ask me questions in order to help me discover the drug therapy problems I missed. Then I would either meet with the rounding team or call them and report the drug problems that needed to be fixed. The residents were very responsive to my recommendations and almost always went with my recommendation. In the afternoon I would either have free time to work on my projects, sit in on geriatric, memory, or hypertension clinics, round with residents at the clinic, or help the preceptor with prescription refill requests from pharmacies. The projects I worked on were a newsletter, and pharmacy jeopardy which I played with the residents. I also researched any questions that residents or providers asked as well as made handouts about new drugs that came out while I was there. This rotation was very rewarding because I used and expanded my knowledge and I saw it being put into action. The people I worked with are great teachers and are willing to strengthen your knowledge in any area you desire. Don't pass this one up!!

tional presentations on specific drugs, health care issues, and other topics relevant to pharmacy. The Psi chapter believes that this is a great opportunity for brothers to share the knowledge they've gained in researching these topics. During a few chapter meetings each semester, the Worthy Prelate designates a brother to share one of these presentations with the rest of their chapter during *Show and Tell*. Show and Tell serves as another tool that enables the entire chapter to benefit from the knowledge and experiences of one brother.

Another program offered each meeting for brothers to become more aware of medications on the market is *Drug of the Week*. Each brother signs up for a meeting with the professional chair where they will decide the date and medication for their presentation to chapter. Their presentations include things like indications for use, interactions, adverse effects, dosing, and others.

Every semester, Psi brothers are encouraged to participate in the *GPA Achievement Program*. The program asks brothers to reflect on their performances during the previous semester and look forward to the next semester by submitting their previous semester GPAs along with *GPA Goals* for the next. This data is collected and updated in a GPA chart by the Worthy Prelate. The Psi chapter also strives to motivate its brothers and remind them of the goals that they set for themselves at the beginning of the semester. *GPA Reminders* are handed out around mid-terms to serve as motivators at a time in the semester when some brothers may start to feel burnt out and defeated. GPA goals and GPA reminders are a means for the Psi

Chapter to stress individual scholastic success.

Recognizing Improvement and Excellence

As part of the *GPA Achievement Program* the successes of the Psi brothers do not go unrecognized. Those brothers who achieved their GPA goals are rewarded with *Smarties for Smarties*, special candy prizes with messages congratulating these brothers on their achievement. Brothers are also individually recognized at chapter meetings. Smarties for Smarties is a method for rewarding individual academic achievement, a cornerstone of the Psi Chapter's collective scholarship success.

Cookies for A's and B's, a favorite among Psi brothers, is an exciting and simple way to both recognize and promote academic excellence. Essentially, the Worthy Prelate supplies a tray of cookies at chapter meeting, and brothers are encouraged to take a few cookies to reward their hard work over the past few weeks. In the past, Worthy Prelates have attempted to implement healthier snacks, but as with most rewards, the Psi brothers prefer the indulgence of the cookies over anything else.

With the vast number and variety of activities that the Psi chapter offers to its brothers, the *Participation Jar* serves as a way for brothers to track their involvement in Phi Delta Chi. The Worthy Prelate supplies the jar at general chapter meetings, and brothers are encouraged to keep track of their participation by placing slips of paper describing each relevant activity into the jar. Traditionally,

the Participation Jar has measured chapter success by tabulating involvement in professional, service, social, and fundraising activities, as well as academic achievements. This year, the Psi chapter is also measuring hours worked in a pharmacy over the past week, in order to promote the professional advancement of its brothers. Each week, one slip is drawn from the jar and that person is awarded a **Psi Prize**. The **Psi Prize** consists of a funny, or seasonal toy or treat to keep things fun and encourage involvement.

One of the grandest achievements of a Phi Delta Chi brother is to be named to the Drake University **President's List** (GPA of 4.0) or **Dean's List** (GPA of 3.5 or higher). The Psi Chapter takes great pride in these very special achievements of its brothers, and acknowledges the importance of individually recognizing these brothers at chapter meetings.

Outcomes of Scholastic Achievement by the Psi Chapter

As a chapter that takes pride in the academic achievements of its brothers, the Psi Chapter would like to take the time to recognize the collective and individual achievements of its very talented and devoted brothers.

Spring 2008 Psi Chapter GPA Average

President's List (GPA = 4.0)

Julie Ausborn, Adam Baird, Alison Derifield, Sarah Hanigan, Lisa, Hansen, Kim Karwoski, Danielle Kennedy, Laura, Orth, Katie Pederson, Tim Roach, Randi Ridgeway, Kristen Zorich, Michelle Mathwick

Dean's List (GPA \geq 3.5)

Julie Ausborn, Adam Baird, Mason Bucklin, Alison Derifield, Kim Downs, Lisa Hansen, Danielle Kennedy, Karen Kolbet, Jennifer Lose, Laura Orth, Megan Ostrem, Katie Pederson, Lori Peymann, Eric Rauch, Randi Ridgeway, Rachel Walbaum, Ashley Weisensel, Breann Williams, Anna McDowell, Michelle Mathwick

Alpha Lambda Delta Honor Society

Matt Haas, Kim Karwoski, Laura Orth, Megan Ostrem, Anna McDowell Randi Ridgeway

Mortar Board

Lisa Fuller, Whitney Goede, Sarah Hanigan, Aimee Jacobsen, Lisa Koselke, Jennifer Lose, Janel Silkey

Phi Lambda Sigma

Mason Bucklin, Jared Butler, Mallory Dunn, Jamie Holmes, Seth Housman, Lindsay Krahmer, Jennifer Lose, JJ Mellett, Randi Ridgeway, Steph Swain, Katie Zabel, Kristen Zorich

Rho Chi

Greg Bockenstedt, Matt Haas, Sarah Hanigan, Jennifer Lose, Kristen Zorich

Scholarship Recipients

Julie Ausborn	Presidential Scholarship Trustee Scholarship
Adam Baird	Presidential Scholarship Trustee Scholarship
Mason Bucklin	Presidential Scholarship Trustee Scholarship Vislisel Family Scholarship
Jared Butler	Presidential Scholarship Drake Grant
Calvin Davis	Presidential Scholarship
Jenna Denman	Presidential Scholarship
Alison Derifield	Presidential Scholarship
Kim Downs	Fine Arts Scholarship Presidential Scholarship
Matt Haas	Mercy Hospital Scholarship McKesson Scholarship Plough Scholarship Presidential Scholarship Trustee Scholarship
Sarah Hanigan	Presidential Scholarship Walgreens Scholarship
Lisa Hansen	Presidential Scholarship Trustee Scholarship
Tim Humlicek	Presidential Scholarship
Kim Karwoski	Presidential Scholarship Alumni Scholarship Mayo Clinic Scholarship
Danielle Kennedy	Presidential Scholarship Trustee Scholarship
Karen Kolbet	Alumni Scholarship Presidential Scholarship
Lisa Koselke	Presidential Scholarship Walgreens Scholarship
Jennifer Lose	Commissioner's Academic Excellence Award Drake Alumnae Association Scholarship Presidential Scholarship Trustee Scholarship Walgreen's Progressive Scholarship
Allie Marr	Presidential Scholarship

	Trustee Scholarship
	Osco Drug Scholarship
Sarah Mortiz	Presidential Scholarship
Laura Orth	Presidential Scholarship
	Drake Grant
	Iowa Tuition Grant
Megan Ostrem	Presidential Scholarship
Katie Pederson	Presidential Scholarship
	Music Scholarship
	Alumni Scholarship
Lori Peymann	Tecta America Scholarship
Paige Pillischafske	Walbridge Scholarship
	Wal-mart Leadership Scholarship
	Presidential Scholarship
	Trustee Scholarship
	Illinois Central Pharmacist Scholarship
	IPA Delegate
Eric Rauch	Presidential Scholarship
	Trustee Scholarship
	Legacy Scholarship
Randi Ridgeway	Presidential Scholarship
	Trustee Scholarship
	Hartig Family Scholarship
Tim Roach	Presidential Scholarship
	Trustee Scholarship
Justin Suarez	Walgreens Scholarship
Steph Swain	Presidential Scholarship
Rachel Walbaum	Presidential Scholarship
	Trustee Scholarship
Ashley Weisensel	Presidential Scholarship
	Robert C. Byrd Scholarship
	Wal-mart Leadership Scholarship
	Iowa Pharmacy Foundation Scholarship
	National Association of Chain Drug Stores Scholarship
Breann Williams	Presidential Scholarship
Kristen Zorich	Presidential Scholarship
	Trustee Scholarship
	Iowa Pharmacy Foundation Scholarship
Nour Malas	Walgreens Scholarship
Andrew Delathower	Drake Grant
Laura Engelmeyer	Presidential Scholarship

Sara Brimeyer	Trustee Scholarship
	Presidential Scholarship
Reed Dix	Trustee Scholarship
	Presidential Scholarship
	Drake Grant
	Iowa Tuition Grant
Anna McDowell	Dollars for Scholars, National Honor Society Scholarship
	Presidential Scholarship
Michelle Mathwick	Trustee Scholarship
	Presidential Scholarship
	Athletic Scholarship

The GPA average for the Psi Chapter at the end of the spring semester was 3.57. This number meets the requirements to be named to the Dean’s List for the College of Pharmacy. This impressive achievement of the Psi chapter shows the devotion of each member to better themselves as well as the group as a whole.

As you can see through the list of accomplishments of each individual brother, the

Psi chapter strives for excellence and will continue to do so throughout the years. With the programs implemented by our chapter to utilize the benefits of our greatest resources, our brothers, success is imminent. Scholarship and Professionalism walk hand in hand down the road to success and each of which are the Psi chapter’s main focuses. With these two things, and the help of our brothers, there is nothing we can’t do.